Greetings!

I am thrilled to share that Authentic Trainings is now an approved provider of the transformative “Embracing Families” training.

This OASAS-certified training fulfills six hours of continuing education and equips professionals with the practical skills needed for hands-on application, promoting family inclusion in SUD treatment.

Our approach expands the concept of 'family' to include all concerned significant others, fostering a more inclusive and supportive environment for treatment.

My Journey with Family-Inclusive Treatment

My passion for integrating families into treatment comes from my clinical experience. As a youth counselor working at a local Catholic Charities of New York, I worked with children who were sexually abused, and I discovered many of these children came from families also impacted by SUD.

This led me to establish the Children of Alcoholism program, offering group counseling. Despite the progress, I realized the need for a more holistic approach to support these children once they returned home.

Pursuing my CASAC through OASAS, I began working with parents and adults in treatment. This journey continued as I developed a family program at an outpatient center for individuals primarily struggling with crack cocaine use.

The results were eye-opening.

Working with entire families led to more honest conversations and rekindled family connections, inspiring me to champion family treatment.

Later, I had the privilege of facilitating the Celebrating Families Program® (CFP) in a hospital-based SUD treatment program, witnessing its profound impact over eight successful years.

The Heart of the Matter

Substance Use Disorder profoundly affects family systems.

For treatment to yield better outcomes, family involvement is not just beneficial—it's imperative.

Yet, staff resistance can be a hurdle.

Professionals often understand the theory but lack the practical skills for integrating families into treatment. Concerns about confidentiality, conflict resolution, and educating families on SUD are valid, but not insurmountable.

Through providing my team with the necessary skills and strategies, I observed a shift towards embracing family involvement with confidence and willingness.

Are you encountering staff bias and stigma around family inclusion?

Addressing biases and stigma is crucial.

Early in the program, we heard words like co-dependent and enabler in a derogatory tone. Clinicians sometimes blamed family members for their client's SUD.

This bias and stigma reflected the same self-doubt, skill deficit, and fear that our staff resistance did.

About the training

The training "Embracing Families" directly addresses these challenges—and more—that you and your staff likely confront each day.

Grounded in motivational interviewing and trauma-informed care principles, this training empowers clinicians to:

- Embrace the family perspective.
- Overcome personal biases.
- Confidently navigate tough discussions about confidentiality and conflict resolution.

Incorporating families into the treatment process increases engagement and completion rates and fosters a supportive, boundary-aware environment that benefits everyone involved.

Get this training for your staff.

Elevate your team's expertise. Reply to this email to book an "Embracing Families" training session.

Warmly,

Sandy

P.S. If you're not ready for "Embracing Families" or have other training needs for 2024, let us know. We offer:

- *Motivational Interviewing*
- *Trauma-Informed Care*
- *Trauma-Responsive Care*
- *Clinical Supervision Foundations II*
- *Ongoing coaching and staff consultations*

Transform your workplace culture into one of partnership, acceptance, compassion, and empowerment. Authentic Trainings is here to make a difference for those you serve.

>> Email me to book a training today! <<

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